



RockStal Fit Kids MONTHLY Challenge

Are you up for the May Monthly Challenge?

***How many Push-Ups can you do in 60 seconds?**

Competitors can try numerous times throughout the month of May.

Challenge will end Friday 31st

March 2019 at 5:30pm



*1. Push-Ups can be on knees. 2. Must be aged 6 - 12 years. 3. Attends RockStal Fit Kids.

So come on give it a go